

ब्रह्मब्रह्मब्रह्मब्रह्मब्रह्मब्रह्म Brahman (also known as Para Brahma)

ब्रह्मब्रह्मब्रह्मब्रह्मब्रह्मब्रह्म is what the Arya know:

There is only one God, but Brahman (ब्रह्मब्रह्मब्रह्मब्रह्मब्रह्मब्रह्म – Sanskrit) or God (English) or Allah (Arabic) or Yahweh(Hebrew) has many names and infinite forms.

Brahman created not just all humanity, but all living beings and the magnificent and splendid wonder of Nature.

Brahman exists in each atom of Brahman's creation.

Read the entire part 6 of the Chandogya Upanishad.

In fact read all the Principal Upanishads if you can find the time.

If you dont have so much time, then at least read my page on the Sanathan Dharma.

Then you will understand the grand pronouncement of the Arya Dharma the way of life that existed in Bharat 6000 years ago before Buddha, Jesus and the Prophet Mohammed were even born and the Jews were still slaves in Egypt.

ब्रह्म ब्रह्मब्रह्म ब्रह्म Tat Tvam Asi – Brahman is the Truth, Brahman is the Self, Brahman is You.

from the Chandogya Upanishad

This fundamental saying has many variations:

Aham Brahmasmi

Soham

To the so called “religious”, God “fearing” and “conservative” people who are ignorant of the true meaning of their religion

and have “belief” instead of faith in God, this may sound like blasphemy.

The Yoga Vasistha says:

**Consciousness is Brahman,
the world is Brahman,
all the elements are Brahman,
I am Brahman, my enemy is Brahman,
my friends and relatives are Brahman,
Brahman is the three periods of time,
for all these are rooted in Brahman.**

In the Bible, Jesus says:

**“The Kingdom of God does not come in such a way as to be seen. No one will say, “Look, here it is!” or, “There it is”;
because the Kingdom of God is within you.”**

Luke 17.20

It also says in the Bible:

**“For all things were created by Him and all things exist through Him and for Him”.
(Romans 11:36)**

“There is one God and Father of all Mankind, who is Lord of all, works through all, and is in all.

(Ephesians 4:6)

Hazrat Khawaja Moinuddin Chisti says:

“Every scripture and every prophet from the first have said the same thing; that we are created by a wise and loving Creator, and the special purpose of our existence is to endeavour to work our way back to Him.

Our objective in life is to regain union with God.”

There is another famous Sufi saying:

Ya Ilahi Ya Khuda, Tere Andhar Hai Chupa

Oh my God, Oh God, is hidden inside You.

The above Sufi saying has been sung in a beautiful song by Ustad Shujaat Husain Khan.

Sankara was a master of the Vedanta.

Here is a beautiful song he wrote when he was only 8 years old.

Nirvana Shatakam (with lyrics Smitha Rao Bellur)

Shakti is the mother of all creation.

Brahma is the creator of the Multiverse.

Narayana is the sustainer of the Multiverse.

Rudra is the destroyer of the Multiverse.

The Gods of the Vedas have their own powers.

□□□□□□□□ **Brahman is also Shakti, Brahma , Narayana, Rudra and the Gods of the Vedas.**

Together they form □□□□□□□□ Brahman.

□□□□□□□□ is the mother, creator, sustainer and destroyer of not just Earth but the Multiverse (Infinite Universes).

The Kena Upanishad says:

Brahman is the unknown (beyond comprehension) to a person of true knowledge and understanding,

it is known only to the ignorant.

Kena Upanishad Section 2 Mantra 3

Ramakrishna Paramahansa says:

There are three kinds of devotees: superior, mediocre, and inferior.

The inferior devotee says, 'God is out there.' According to him God is different from His creation.

The mediocre devotee says: 'God is the Antaryami, the Inner Guide. God dwells in everyone's heart.' The mediocre devotee sees God in the heart.

But the superior devotee sees that God alone has become everything; He alone has become the twenty-four cosmic principles.

He finds that everything, above and below, is filled with God!

God never becomes man.

But man must work his way to become God.

Every person has the capability to do this.

But probably only one in two billion, born in a millennium, have not only the past accumulated good Karma, but also the faith, perseverance, and devotion to follow Dharma above all costs even in their present life.

That is why there are only a handful of people who become Gods, and that too only after a millennium or two.

Do not understand the scriptures from middlemen.

Read and understand the scriptures yourself with an unconditioned mind, not distorted with words and thoughts put into your mind by middlemen.

Ultimately once you realise Brahman, you do not even need the scriptures.

The Gita says :

The Vedas have as much use as a pond in a flooded area to those who are enlightened and realise Brahman.

Bhagavad Gita, Chapter 2, Samkhya Yoga, Verse 46.

Explained below in simple terms:

Once the oceanic flood of the realisation of Brahman comes and sweeps you away, what need is there for the pond of the scriptures, when you have the whole oceanic flood of the presence of Brahman drench every pore of your being.

This applies not just to the Vedas, but to scriptures in all religions.

All scriptures are based on detailed rules for Identity and Morality.

These rules for Identity and Morality are just the shell of the coconut.

It is just to protect the fruit inside.

Without the shell, the fruit would never have ripened and would have rotted away.

However once you have the fruit of the coconut, the coconut shell should be discarded since it serves no purpose to you any more.

But the shell has served its purpose, it has protected the fruit for you.

And you have enjoyed the delightful taste of the coconut.

As Jiddu said:

The understanding of what you are, whatever it be – ugly or beautiful, wicked or mischievous – the understanding of what

you are, without distortion, is the beginning of virtue.

Virtue is essential, for it gives freedom.

J. Krishnamurti, The Book of Life

Just like you extract gold from mud, filter and drop away all the mud of the rituals, prayers, chants, pilgrimages, sacrifices and other such veils and masks.

What is the actual essence of only the GOLD extracted out of all scriptures of all religions?

Always abide by Dharma and constantly offer SEVA (selfless service), not just to Brahman, but all of Brahman's creation.

Unless you find this **GOLD** and hold it most dear to you and use it in every breath of your life, all the mud you have gathered is just mud to be washed away and discarded if you cannot find the gold in it.

Finally it is the GOLD that is important and is a priceless store of value for generations and can be handed down for generations.

All religions finally have one underlying concept:

God exists in everything living and natural.

Everything exists only for God and will finally return to and unite only with God.

To bring out your true Godlike divine nature you should return to and become one with and unite with God.

You will never become divine by "worshiping", "praying", rituals, pilgrimages, "bribes" of gold, precious things and blood from the killing of poor innocent defenseless sentient animals.

You cannot bring out your Godlike nature by traveling round the world on pilgrimages, or by praying and chanting

many times a day.

You can only bring out your divine nature which is Gods true presence in you by the sincere and sustained practice of ध्यान (Dhyan).

It is written in the Brahmasutra and Gita and Yoga Vasistha:

Only those who practice and follow ध्यान (Dhyan) will reach ब्रह्म (Brahman).

Every religion has ध्यान as the way to truly return to God.

In Christianity it is known as Orison, in Islam it is known as Muraqaba , in Judaism it is known as Kabbalah and in Buddhism it is known as Zen.

ध्यान (Dhyan) to achieve union with Brahman is all about mysticism.

You can get more details about ध्यान in almost every religion here.

What use does ध्यान really have for material riches and material offerings like gold coins, gold crowns, blood of poor innocent sentient animals and temples with marble floors and mosques with gold roofs?

ध्यान has much more use for the real gold.

The gold of SEVA, trust, love, compassion, kindness and constant adherence to Dharma.

Can you say you will only love and respect a person, but wont love or respect his home and family?

In fact, can you truly love and respect a person if you dont love and respect his home and family which he holds most dear to him, perhaps more than himself?

Then how can you say you will only worship Brahman, but not

Brahman's creation?

How can you only worship Brahman, but ignore and even abuse Brahman's creation?

That is not really worship is it?

You cannot just worship Brahman, you have to worship Brahman's creation also.

Worship of Brahman's creation is true worship of Brahman.

True worship of Brahman (Brahman) means SEVA to Nature and SEVA to Brahma Dana.

Constantly being with, and taking care of Nature and the Brahma Dana and appreciating their oneness with the glory of Brahman, is even much better than just practicing Dhyana.

Even an atheist who is sincerely offering SEVA to Nature and the Brahma Dana is a much more dear and a true worshiper of Brahman, than so called "religious" and God "fearing" people who only chant "prayers" and perform "rituals" and "sacrifices".

Helping hands are much more useful to Brahman, than so called "Holy Thoughts", fluttering lips and blood and death of innocent sentient beings.

In the **Prasthanatrayi** (The Upanishads , Bhagavad Gita and the Brahasutra), and in the Yoga Vasistha and other scriptures of the Sanathan Dharma they try to arrive between the nature of Brahman and Man.

Man removing Avidya (Ignorance) and removing Maya (Illusion of material comfort as happiness) is the pure Atma (Consciousness) which is the same as Brahman which leads to the grand pronouncement of the Arya Dharma.

तत् त्वमसि Tat Tvam Asi – That is the Truth, That is the Self, You Are That.

You are Brahman.

ब्रह्म (Brahman) is beyond comprehension.

ब्रह्म is beyond description.

But the amazing thing is that ब्रह्म can be felt, touched, heard and seen in everything you describe as living and natural.

One must not be overwhelmed or afraid of ब्रह्म, but one must appreciate and love ब्रह्म.

ब्रह्म (Brahman) is the only thing that is real.

ब्रह्म is constant and unchanging.

ब्रह्म (Brahman) is both the Supreme Being and the Non Being.

Everything else in the world is an illusion since it is forever changing and impermanent.

ब्रह्म is the Absolute Reality.

First there was ब्रह्म which was never born or created but always existed, then ब्रह्म created अ (AUM), Space and the Multiverse, Fire, Water, Air and then finally Earth.

ब्रह्म (Brahman) has infinite power:

Chit (Consciousness) and Achit (Matter).

In Chit form, it comprises of three factors:

Knowledge (Jnana), Free Will (Iccha), and Action (Kriya).

In Achit form, it consists of the Pancha Boota (five elements):

Earth, Water, Fire, Air and Ether or Space.

The whole multiverse resides in **ब्रह्म**, but **ब्रह्म** is beyond the multiverse and does not exist for it.

Brahman is the embodiment of **समत्व** Samathvam (equanimity or balance) and Sat (Truth) – Chit (Consciousness) – Ananda (Infinite Bliss).

However even though I said ब्रह्म (Brahman) is constant and unchanging, ब्रह्म (Brahman) is forever expanding.

ब्रह्म expands in two forms:

1. Saguna, with attributes that can be seen in matter and in the universe and in the Personal God or Ishta Devata
2. Nirguna, without attributes and cannot be seen, but only felt by enlightened perception and practice of **ध्यान** (Dhyan) to achieve unity of one's Atman (Consciousness) with Brahman.

ब्रह्म is not just a He, but also a She.

ब्रह्म is both Shiva and Shakthi. **ब्रह्म** is both Purusha and Prakriti.

Actually **ब्रह्म** is not just a he or she, but an omnipotent force and being.

ब्रह्म very hard for us to comprehend, so it is better that we understand **ब्रह्म** in its supreme form – beyond creation, beyond time, beyond gender, beyond human emotion, beyond human comprehension and description.

ब्रह्म always existed and was never born and will never die.

ब्रह्म is the conqueror of the multiverse and infinite universes, conqueror of life and death, conqueror of time, conqueror of demonic qualities.

ब्रह्म is compassionate, completely unselfish, calm and

unbewildered.

ब्रह्म is the ultimate embodiment of समथ्वम (Samathvam).

Brahman does not love or hate. ब्रह्म does not seek revenge.

ब्रह्म is beyond definition, beyond comprehension.

Do not insult Brahman by attributing petty human emotions like hate, anger and revenge to ब्रह्म.

ब्रह्म is supremely trusting but constantly verifying, non judgmental, and the creator and enforcer of the supreme and absolutely perfect law of Rtam.

The Rtam created by Brahman is absolute, constant and unchanging.

The Rtam consists of Dharma and Karma.

The Rtam is binding even upon the highest of Gods.

Do not say it is all Karma and all in Brahman's hands.

Remember you are responsible for your Karma.

Just like a potter's mould, your Karma is mainly is in your hands.

But like the potter's mould, Brahman is responsible of turning of the wheel, for the absolutely dispassionate dispensation of the Rtam.

The Rtam just keeps turning like the potter's wheel, it does not care what you make of your Karma.

If you have good Karma you will have a beautiful pot, if you have bad Karma you will have a wrangled mess of clay.

If you have bad Karma, you have to start all over again with that wrangled mess of clay.

Hence I say:

Destiny is what you make of it, but your Karma is your potter's mould and Brahman dispassionately turns the wheel of the Rtam.

Like all great teachers, षडङ्गम् is the creator of both virtue and vice to test us.

षडङ्गम् has given us the scriptures to differentiate between virtue and vice.

Even if we dont know any scriptures, षडङ्गम् still resides in us as our Atma.

Our Atma constantly guides us even when we are a two year old child.

षडङ्गम् has given us the Rtam to test and judge us.

If we listen to our Atma and we abide by Dharma, we enjoy the rewards of the the Rtam.

If we cover our Atma in dirt and violate Dharma we bear the punishment of the Rtam.

The path to षडङ्गम् cannot be found by going to the temple, church or mosque every day or memorizing the scriptures.

The path to षडङ्गम् can only be found by always going to the greatest temple where Brahman always resides even after you are forced to discard your body:

Your own Atma (consciousness).

षडङ्गम् is not something to be understood by prayers and reciting scriptures, bowing before Idols, giving blood of innocent animals, and chanting mantras and going on Pilgrimages.

षडङ्गम् Brahman can only be realised and understood by the practice of षडङ्गम् Yoga , षडङ्गम् Dhyan, SEVA and the sincere

“their” God, call themselves God **fearing**, religious, conservative “Hindus” and insist their way is the only way to **enlightenment**.

There is nothing wrong with Islam.

Its worst abusers are those who say they **believe** in only “their” God, call themselves God **fearing**, religious, conservative “Muslims” and insist their way is the only way to **enlightenment**.

There is nothing wrong with Christianity.

Its worst abusers are those who say they **believe** in only “their” God, call themselves God **fearing**, religious, conservative “Christians” and insist that their way is the only way to **enlightenment**.

The truly enlightened realise that **enlightenment exists in all things living and natural.**

The sun shines for all the people of the earth, not just the “Hindus” or “Muslims” or “Christians”.

The rivers and lakes and oceans provide water to all the people of the earth, not just to a particular religious group.

One cannot have “belief” in only their God (Brahman (**enlightenment**)).

The path to **enlightenment is like the flight of a bird.**

Every follower has to make their own flight path, they should not blindly follow what someone tells them to do.

In fact the truly enlightened know there is no external path to **enlightenment.**

enlightenment has already found the way to their Atma.

It is for them to clear the path to their Atma so that they

can merge with Brahman.

One must have FAITH in All, which is true FAITH in ॐॐॐॐॐॐॐ.

Here are the definitions of Belief and Faith according to Alan Watts:

BELIEF – Acceptance of the truth only if it happens as you wish.

FAITH – Acceptance of the truth even if it does not happen according to your wishes.

Swami Vivekanand said:

“The Vedanta teaches men to have faith in themselves first. As certain religions of the world say that a man who does not believe in a Personal God outside of himself is an atheist, so the Vedanta says, a man who does not believe in himself is an atheist.

Not believing in the glory of our own soul is what the Vedanta calls atheism.

He is an atheist who does not believe in himself.

The old religions said that he was an atheist who did not believe in God. The new religion says that he is an atheist who does not believe in himself. But it is not selfish faith, because the Vedanta, again, is the doctrine of Oneness.

It means faith in all, because you are all.”

I do not believe in a God or religion which cannot wipe the widow’s tears or bring a piece of bread to the orphan’s mouth.

However sublime be the theories, however well – spun may be the philosophy – I do not call it religion so long as it is confined to books and dogmas.

The eye is in the forehead and not in the back.

Move onward and carry into practice that which you are very proud to call your religion, and God bless you!

One must be always be God loving, never God fearing.

Those who **fear** God are the biggest slaves and sinners.

They are Anarya.

We must learn to love always love **ब्रह्म** , not fear **ब्रह्म** (**Brahman**).

When we do things out of fear, we will stop doing those things once we get over our fear.

But when we do things out of love, we will always do those things because we cannot stop loving, especially loving God.

According to **Imam Husayn**, the grandson of Prophet Mohammed:

Those who do things out of fear of God's punishment are the biggest slaves.

Those who thank Allah(God/Brahman) for what they have been given and ask for nothing more are the best worshippers.

We must only love ब्रह्म.

But those who are Anarya and ब्रह्म Dhushta (Wicked) must fear his first son:

Punishment.

The religious are those who have "**belief**" that there is only one way to "their" God.

It is better to be spiritual than "religious".

The "religious" always try to "follow" morals, the spiritual are always moral.

There is no "following" of morals, you are either moral or not.

Light does not follow anything, it just dispels darkness all around it.

If light tried to follow something, then there would only be darkness.

The spiritual realise that the paths to Brahman are like the flow of rivers into the ocean.

All rivers finally flow into the ocean – whether they are from “Hindus” in Bharat, “Muslims” in Arabia or “Christians” in Rome.

The waters from this ocean then merge and evaporate and give us rain all over the world.

Waters from the rivers in Bharat may end up raining in Arabia and waters from the oceans in Arabia may end up raining in Bharat.

The “religious” are people who fear going to hell and only wish to go to heaven.

They foolishly believe that an afterlife that they have no control over and have never seen, is better than the life they are currently live and see and have full control over.

The spiritual are the people who have faith in God and realised there is no need for heaven or of looking for God in heaven or outside when **God is right within them.**

The “religious” are people who look for God everywhere except for looking within themselves.

The spiritual are people who realise the best way to worship God is to bring God into them by always practicing the Dharma in every action of theirs.

They dont put any importance to open displays of worship.

The “religious” say that God is their witness and they are

doing things in Gods name.

The spiritual say that they are the witness and God is doing everything through their name.

They have realised the subtle truth of enlightenment or Moksha or Nirvana:

They can only be witnesses, God does everything through them by coming into them and becoming their Godlike nature.

The spiritual are those who value Dharma and Brahman for its own intrinsic value and continuously search for the meaning of life and Truth (Brahman).

The “religious” are people who “believe” in Brahman only for what it will gain them and for their petty self interest.

The “religious” are only interested in asking Brahman for things they do not necessarily deserve or are not willing to work for.

The spiritual are those that realise that their relation to Brahman is not that of a servant and a master.

Their relation to Brahman is like that of a two year old child to its parents.

Like two year old children, the spiritual blissfully go about playing the game of life in the firm faith that Brahman will pick them up when they fall.

As Sadhguru said:

Religions exist only because people don't experience the Creator within them. Otherwise, who would believe God is sitting in heaven?

Being on the spiritual path does not mean trying to get closer to the Divine – you are seeking to become one with the Divine.

There is also this joke about the “religious” and the spiritual that someone had written in the Indian express:

The religious are like the baby monkeys who cling onto their mother constantly and in constant fear that they will lose their lives if they let go.

The spiritual are like the new born kittens. They are fearless and play around because they know their mother will pick them up by the neck and take them to safety in case of any danger.

As Seneca said:

Religion is regarded by the common people as true, by the wise as false, and by the rulers as useful.

The “religious” are those who gather in large groups at “places of worship” and chant Gods name loudly and openly take pride in “worshiping” what they think is $\square\square\square\square\square\square$ and bribing $\square\square$ with rituals, money and precious offerings and “sacrifices” purely for self interest that some of their personal wishes be granted.

They dont really care about following the Dharma, as long as they perform open displays of worship they think they are worshipping God.

A traditional saying of the Sanathan Dharma goes:

“Beware of those who wear a sacred leaf in their ear”.

In the Sanathan Dharma, one who wears a sacred leaf in his ear, is similar to a Christian wearing a cross in his chest or a Muslim wearing a beard and skull cap.

They are a display of open symbols of “worship” of God to show the world that they are “religious”.

They may not be really “religious” in their thoughts, words and actions but they want to fool themselves and others by

showing open displays of “worship” to God.

Once they have finished “worship”, they return to being Anarya and Wicked.

These sort of “religious”, God “fearing” and “believing” and “worshiping” people are the biggest blasphemers of ॐॐॐॐॐॐ.

In the Gita it says:

Any attempt to realise ॐॐॐॐॐॐ must be done alone and with a consistently calm and devoted mind.

In the Quran it says:

“Invoke the name of God ॐॐॐॐॐॐ in secret and with all humility. God hates aggressors.”

Jesus says in the Sermon on the Mount:

“But you, when you pray, enter into your closet, and when your have shut your door, pray to your Father which is in secret, and your Father ॐॐॐॐॐॐ which sees in secret shall reward you openly”.

Reading the scriptures alone and memorizing them will never make a person realise ॐॐॐॐॐॐ .

You have to feel and experience and become one with ॐॐॐॐॐॐ and as the Brahmasutra says, this realisation of ॐॐॐॐॐॐ can only be achieved by the sincere and sustained practice of ॐॐॐॐ (Dhyan).

Unless you practice ॐॐ Yoga and ॐॐॐॐ Dhyan to change your nature to become an Arya, mastery of all the scriptures in the world and all the mud of the rituals, sacrifices, prayers, chants and pilgrimages are useless.

An Arya is one who abides by the Rtam and follows Dharma in every breath.

An illiterate poor manhole cleaner Arya person is much better than the highest of Anarya Kings and most educated of Anarya priests.

Do not ever lose faith in श्रीगणेशाय नमः who wise, all knowing and compassionate.

Do not lose faith even in the worst of times, since whatever happens to you is because of the grace of श्रीगणेशाय नमः who always has your best interests in mind.

श्रीगणेशाय नमः will not give you your wishes when you want them, but श्रीगणेशाय नमः will surely give you your wishes when you really need them.

Sometimes श्रीगणेशाय नमः may not even grant you your wishes because you do not really need them or deserve them.

Do not only depend on श्रीगणेशाय नमः to fulfill your wishes, because श्रीगणेशाय नमः is also depending on you doing your part to fulfill your wishes.

This whole concept of Christ washing away our sins if we accept him as our lord and saviour is completely untrue.

It says in the Bible:

“As we sow, so shall we reap.”

We are all not born sinners.

In addition to the Sanathan Dharma, true Christianity and true Islam and all other religions all have one underlying and common foundation:

Dharma

What is Dharma?

If you understand hurting another man is adharma(violation of Dharma), pleasing another man is Dharma, you have performed

Dharma .

S Radhakrishnan, 2nd President of India.

<https://aryadharm.org/wp-content/uploads/2017/11/dharmadefinitioniradhakrishnan.mp3>

You do not need to learn any scripture or memorize any shlokas or perform any prayers and rituals.

Just practice the above words of S Radhakrishnan and you are an embodiment of Dharma.

Learning the Dharma starts first at home, then in school and then in the village or town that you live in especially your immediate neighbourhood and among your family and friends.

There is absolutely no one in this world who would not always like to be treated with love.

You dont need to know any scripture or religion to know this.

If all you know and practice is the concept of **Be Good and Do Good**, then you are an embodiment of **ॐ** .

It is very easy to realize **ॐ** if you can get past the charms of Maya (illusion).

I have noticed that the most mystical and profound descriptions of **ॐ** are found in the Upanishads, Brahma Sutra and the Yoga Vasistha.

The Gita is more of a **ॐ** Yoga.

Just like **ॐ** Yoga, the Gita cannot be understood at all just by reading it.

Just like **ॐ** Yoga, the Gita can only be understood by devoted and constant practice of its teachings.

The Gita can be read in less than 4 hours.

You may be able to read the Gita in less than 4 hours, but to understand it and practice it will take many lifetimes and even that is not enough.

The Sufis too have good descriptions of $\square\square\square\square\square\square$.

In fact the true and only way of Islam is the way of Sufism.

People say Ali originated Sufism.

But in fact Sufism is the only source of direct transfer of the inner experience of Muhammad to Ali.

Other forms of Islam mainly focus on the narratives by others about the outer appearances, practices and sayings of Muhammad (Hadith).

There is no one single version of Hadith.

Every version of Islam has its own version of the Hadith.

Except for Ali, nobody really understood what Muhammad experienced.

And Ali understood this not by seeing what Muhammad was saying and doing.

Ali understood this by experiencing what Muhammad experienced.

Only a person who has experienced another person's experience truly understands what that person has felt and understood.

This does not just apply to religion, this applies to any field.

You can never understand a person's feeling and experience through his words and saying and practices.

You can only understand his feeling and experience by experiencing what he feels and understands.

Your eyes, ears, nose and tongue are your windows to the

illusory external material world.

But your consciousness (Atma) is the only door to the real world within.

Many Sufi saints and Sufi singers have sung many great songs about Allah, which is Arabic for God, which is English for         .

In fact if you follow the teachings of all Sufi saints, especially the Sufi saints of Bharat you will find a lot in common with the Arya Dharma:

Complete surrender to God, renunciation of material desires, respect, love and care for God's creation as much as that for God.

All this talk of heaven and hell and paradise is false.

There is not going to be a judgement day in heaven.

Judgement Day will be on this Earth.

It will again be heaven if we realise who Brahman truly is, and perform true worship by worshiping Brahman's creation as much as we worship Brahman.

Otherwise it will continue to destroyed it till it becomes a living hell.

Heaven and hell is for ignorant losers and slackers who prefer to hope for an unknown, unseen and illusory future that we have absolutely no control over and want to live a life of happiness without working towards it.

We cannot control what happened in the past nor can we control what will happen in the future.

Now is the only time that is real.

Now is the only time that is under our control.

Now is the only time that we have to put on our sincere and devoted efforts to make this world heaven.

You say you have God's words in your mind.

But do you really know ☐☐☐☐☐☐☐ (God), forget about God's words?

Swami Vivekanand said:

Look upon every man, woman, and every one as God. You cannot help anyone, you can only serve: serve the children of the Lord, serve the Lord Himself, if you have the privilege.

If the Lord grants that you can help any one of his children, blessed you are; do not think too much of yourselves. Blessed you are that that privilege was given to you when others had it not.

Do it only as a worship.

I should see God in the poor, and it is for my salvation that I go and worship them. The poor and the miserable are for our salvation, so that we may serve the Lord, coming in the shape of the diseased, coming in the shape of the lunatic, the leper, and the sinner!

Johnny Cash also has this to describe who ☐☐☐☐☐☐☐ really is:

Here are the words of the song – The Christmas Guest:

So he went to his room and he knelt down to pray
And he said "Dear Lord, why did You delay?
What kept You from comin' to call on me?
For I wanted so much Your Face to see";

When softly in the silence, a voice he heard
"Lift up your head, for I kept my word
Three times my shadow crossed your floor
And three times I came to your lonely door

I was the beggar with bruised, cold feet
And I was the woman you gave somethin' to eat
I was the child on the homeless street.
Three times I knocked and three times I came in
And each time I found the warmth of a friend
Of all the gifts love is the best
And I was honored to be your Christmas guest”

Ustad Shujat Husain Khan has also sung this wonderful song written by Khusrau.

**Hai tuj me sab,
Sab me hai tu,
Mere Sason me, rung rung me tu.**

**All is in you,
You are in all,
In my breath, in my veins, is your glowing brilliance.**

NOTE:

ब्रह्म ब्रह्मन् Brahman is also known as Para Brahma.

ब्रह्म ब्रह्मन् Brahman is pronounced as (Brahmma).

<https://aryadharma.org/wp-content/uploads/2017/11/brahman.m4a>

ब्रह्म ब्रह्मन् Brahman was kept hidden from the world during the age of the Kaliyuga.

Only people who were truly enlightened knew about ब्रह्म ब्रह्मन् Brahman and worshiped ब्रह्म ब्रह्मन् Brahman.

Anyone can achieve ब्रह्म ब्रह्मन् Brahman through the practice of योग Yoga, ध्यान Dhyan, SEVA and the sincere adherence to धर्म Dharma.

धर्म Dharma is automatically adhered to when one practices योग Yoga and ध्यान Dhyan.

Practice of योग Yoga and ध्यान Dhyān makes one achieve समाधि Samādhī **Samathvam**.

समाधि Samādhī and ध्यान Dhyān are interchangeable.

One cannot exist without the other.

But समाधि Samādhī can only come from practice of ध्यान Dhyān.

समाधि Samādhī and ध्यान Dhyān together lead to Moksha or union with ब्रह्म Brahman.

Once one attains Moksha, their Atma becomes ब्रह्म Brahman.

And only peace remains.